

Annexe H - Diet restrictions for 5-HIAA

5-Hydroxyindoleacetic acid (5-HIAA)

Diet must be observed 48 hours prior and throughout the entire collection period

DO NOT EAT OR DRIND:

- Almonds
- Pecans and other nuts
- Pineapple or pineapple juice
- Eggplant
- Avocado
- Kiwi fruit
- Banana or plantain (green banana)
- Prune or plums
- Tomato or anything containing tomatoes
- Medication containing glyceril guaiacolate (expectorant/cough syrup).